

ARISE *Zambia* Magazine



A publication of Lusaka Conference Adventist Youth Ministries

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3900
ADVENTURERS COMMEMORATE
THE GLOBAL ADVENTURER DAY

OVER 2000 ATTEND LUSAKA CONFERENCE PATHFINDER SKILLS CAMP

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A BUILDER
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#WeAreLC



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MESSAGE FROM THE COMMUNICATION CHAIRPERSON

Dear Members and Friends,

Welcome to our newsletter, where we gather to reflect on the highlights and events that shaped our vibrant youth movement in the year 2022. It is with great pleasure that we share with you the news flashes from various districts, big events such as the Pathfinder Skills Camp, and feature articles addressing crucial topics like spirituality, marriage, pre-marital sex, entrepreneurship, and overcoming suicidal thoughts.

One of the most inspiring aspects of our community is the spirit of youth empowerment, and the Lusaka Conference AYM events truly stood out in this regard. The energy and enthusiasm displayed by our young people in their pursuit of excellence are truly commendable.

In this newsletter, you will also find interesting news stories, including the remarkable launching of the Club Ministry Training (CMT) and Voice of Youth (VOY) programs in the Southern Zambia Union Conference (SZBU). These initiatives are paving the way for a vibrant and engaging platform for our youth to express their faith and make a positive impact on society.

We celebrate love and unity as we share the joyous news of eleven members who tied the

knot in wedding ceremonies, with the majority being master guide weddings. These moments of commitment and devotion remind us of the beauty of God's plan for marriage.

However, we also reflect on the passing away of thirty-two members in 2022. While we mourn their loss, we cherish the memories and the impact they had on our community.

As we delve into the pages of this newsletter, let us rejoice in the triumphs, learn from the insights shared, and find inspiration to continue growing in our faith. May this compilation of stories and articles be a source of encouragement, enlightenment, and spiritual nourishment for all who read it.

We extend our heartfelt gratitude to all the contributors, editors, and volunteers who dedicated their time and

effort to make this newsletter possible. Your commitment to keeping our community informed and connected is truly commendable.

May the words on these pages uplift our spirits, ignite our passion for service, and strengthen our bond as a community of believers. Let us continue to journey together, supporting and encouraging one another on the path of faith and love.

Yours in Christ,

*Elder Innocent Siachitoba
Communication Chairperson
Lusaka Conference
Adventist Youth Ministries*



MESSAGE FROM THE YOUTH DIRECTOR

Every Youth A Builder

Youth is a unique stage in the circle of life and the church. Train a youth positively and you are assured of development at home, school, work, and church. Ecclesiastes 12:1 admonishes us to Remember now your creator in the days of your youth Before the difficult days come, And the years draw near when you say, "I have no pleasure in them".

We desire that like Jesus Christ in Luke 2:52, "our youth will increase in wisdom and stature, and favour with God and man". And this never happens in a vacuum, there should be intentional programs planned and intended to help the youth of the world for the man of Galilee. Great leaders are nurtured and trained in the things of God and how to serve humanity. Our strategic plan's focus areas are spiritual growth, mission, and leadership to help us enable every youth to be a great builder. Building is done by builders and as such, we need to train our youth in all building skills which may include spirituality, missionary expeditions, and pragmatic leadership.

It should be deduced that the active mind if left unoccupied with better things, will give heed to that which Satan may suggest, and this is the humble reason why every parent should take time to reason with her children, correct their errors, and patiently teach them the right way. As we build character development of our youth, "the greatest care should be taken in the education of youth, to vary the manner of instruction to call forth the high and noble powers of the mind". Parents are urged to participate in the spiritual development of youths and lead them by example in missionary activities, and leadership.

The church's growth in the Christian history dispensation is incomplete without young people whom God has used since time immemorial. Martin Luther at the age of 21 had the greatest impetus to the church of the reformation period and from his courage and faith, the church of the reformation period grew as the result of youth preachers and teachers of God's word. William Carey as a young man repaired shoes, sailed to foreign

lands to preach the gospel and opened a mission for India. He translated portions of the scriptures and laid the foundation for modern missions. It should be appreciated that John Nevins Andrews was only fifteen years old when he shared in the great disappointment and at 21 years he began to preach and was among leaders that laid the foundation of the Seventh-day Adventist church as a youth. He contributed to the studying of God's plan for gospel finance, from which was developed the tithing system as we know it today. The first young people's society was organized in Hazelton Township, Michigan, in 1879, by two youths- Harry Fenner aged 17, and Luther Warren aged 14. These were missionary volunteers who sacrificed their energies, time, and resources to further God's work of growth in youth ministries. Every youth is a builder and must take our rightful positions in the positive building of societal moral decaying.

Spiritual growth

As a means of helping our youth become better spiritual builders, we request every youth to own a bible, hymn book, bible truths book, SOP books, manual for bible doctrines, and download devotions from gcyouthministries.org for spiritual edification. We further encourage all youths to cultivate a high sense of moral power by listening to spiritual music that strengthens the mind in rightful decision-making. Spiritual youth will impact society positively and our society will be small heaven on earth.

Mission

Youths are to engage in missionary activities, including door-to-door evangelism, the voice of youth program that engages youths to do crusades, the Caleb mission that enables youths during vacation or school holidays to go out to evangelize, and community services which should be a lifestyle and not only during global youth day. When these and many more



programs like music fellowships, and camps are conducted, the results always should culminate in baptisms.

Leadership

The church heritage course in church history is a very unique program in which we encourage any member of this church to study and appreciate the missionary journey of the Seventh-day Adventist church. In doing so, this helps youths in the building process of leadership and the vision of our pioneers for all the contributions they made to the church. To fulfil the leadership development program, we bring to your attention the involvement of youths in leadership positions throughout the church. Let's engage our children by giving them an opportunity to serve God while we train them in leadership. Let Adventurers, pathfinders, Ambassadors, and young adults be involved in the leadership of the church as team builders. Master Guide, club ministry training which is meant to equip the current serving leaders in the pathfinder club and Senior youth leadership (SYL), are programs that we are encouraging youths to undertake and learn leadership skills.

*Pastor Billy Hankalange Mukombo
Lusaka Conference
Adventist Youth Ministries Director*

MESSAGE FROM THE CHAIRPERSON

DARE TO BE A PHINEHAS!

In a world full of so much sin, evil and all manner of moral decay, a clarion call goes to the youths of the church to be true ambassadors of Christ – doing what He would do were He walking the streets they are walking in now. He condemned sin; ‘turned tables’ and taught against hypocrisy. He healed, fed and preached to the masses. He led a Godly and exemplary life not minding the price He would have pay.

Phinehas! A ‘youth’ during the time of the Israelites’ journey from Egypt to Canaan did demonstrate what Godliness is all about. Remember what the bible records in Numbers 25:1– 8? When Israel did evil with women of Moab? That time when the anger of the Lord was aroused against the whole of Israel and they were hit by a severe plague? When one of the children of Israel brought a Midianite woman and while Moses and the congregation were weeping (praying for mercy from the Lord) at the door of the tabernacle of meeting? A man went to his tent to have sex with the woman! That was sin! The same things causing the plague for which the congregation was weeping for. The congregation was helpless..... Not Phinehas! The son of Eleazar would not

take it. It was not right that while they were busy asking for relief from the Lord, one was continuing with evil that would in effect keep them suffering. He grabbed a javelin (spear) and killed both the man and woman who were sinning. The plague was then stopped by the Lord.

Dear youth, can’t you see the plague that has befallen the world due to sin? Dare to be a Phinehas! While you may not physically kill, you are to grab the spear; the Sword of the Spirit, which is the word of God. Use it to pierce through the hearts of men; killing the sin in them so they may become alive in Christ. Employ your energy doing good and helping man to be better and make the world a better place. Most of the problems happening to mankind are due to his own sinful inclinations. Its our duty to teach the world the goodness that we have learnt from the youth movement. Let not young people and everyone under our care or in the circle of influence sin while we are watching. Let’s not allow teachers of falsehood lead our fellow youths astray. We need to be concerned at all times. Phinehas was concerned.

Dare to be a Phinehas! Do you see young people behaving immorally? Dare to be

a Phinehas! Are the elderly people not calling out sin? Dare to be a Phinehas. Are young people, the youth behaving improperly? Dare to be a Phinehas! God will guide your resolve young man and young woman. It is very possible to help people come to their senses and do the right things so that the effects of wrong decisions are not upon us.

As you dare to be a Phinehas, remember: if the prophet Nathan had not tactfully approached King David, he too would have ended like Uriah.

God will always help our honest efforts; dare to be a Phinehas.

*By Manongo Makweelele Shaft
Chairman - Lusaka Conference Adventist Youth Ministries*



RIDGEWAY MISSION DISTRICT AYM AT GLANCE

*By Psimoonga O. Mutinta
Communication Secretary
Ridgeway Mission District*

It would not be prudent, to talk about the mighty and ever-rising Lusaka conference of the Seventh-day Adventist church, without talking about a small district in the heart of Lusaka, called the ‘ridgeway district’.

A district that now has four churches namely, Ridgeway SDA Church, Evelyn Hone SDA church, Burma SDA church, and lastly Landmarks SDA church. Like any other church, Evelyn Hone SDA church is fast growing. The name of the church comes from the school where they worship from. Half of the church’s members are students coming from all walks of life trying to attain their education at the prestigious institution.

Since the birth of this church, youth ministry has been a hard department to maintain because of the nature of the church, in that, it has transitioning people and mostly youths, who after three years of attaining their education leave and a different group comes in. However, even with all these challenges surrounding the church, last year in the last master guide exams, it recorded the highest number of people who registered for the said exams in church heritage and bible truth to be specific.

Not only that, from the eleven that registered, eight sat for the exams and cleared. Ridgeway district through Evelyn hone church provided the highest number of candidates with a 100 percent pass rate in the entire Lusaka conference September exam.

With the growth of the district, especially with youth ministry activities, it’s imperative that it gets all the necessary support from the surrounding district and the conference at large. This will not only motivate but also encourage the leaders and the members of this district and also leaders of the respected churches.



KNOW YOUR CONFERENCE EXECUTIVE MEMBERS



Pastor Billy H. Mukombo
Youth Director
Lusaka Conference



MG Manongo Shaft Makweelele
Chairman
Marketing and Sales Operative



MG Preach B.Silungwe
Vice Chairman
Managing Director - Eminent Innovations Ltd.
Corporate Branding Company



MG Nomagugu Temah Mbewe
Secretary
Occupation: Research Associate



MG Chimunya Coster
Vice Secretary
Occupation: Teacher by professional



MG Masauso Ngoma
Youth Treasurer
Occupation: Banker



MG Stancy Muyanga Muyunda
Vice Treasurer
Occupation: Court Clerk



MG Phaniel T. Hantumbu
Planning Chairperson
Occupation: Electrician and Plumber



MG Masulika Manyepa
Parliamentarian
Occupation: Legal Practitioner



MG Roland Kalangu
Education and Standards Chairperson
Occupation: Teacher/Journalist



MG Trevor K.Cheembo
Projects Chairperson
Occupation: Irrigation Engineer



MG Honest Musonda
Chief Marshal
Occupation: Civil Servant (Zambia Airforce)



MG Ngangula MC Zuze
Chaplaincy Chairperson
Occupation: Banker



MG Innocent M.Siachitoba
Communication Chairperson
Occupation: Research Officer

JOHN LAING MISSION DISTRICT SETS THE BAR HIGHER

By Kabika Like

A district strategically located in the heart of the conference, with the central business district within her reach has embarked on a massive in-house introspective growth and more impactful involvement of the young people. The commence of the new year is an opportunity for the federation to reach and really demonstrate that love is that ardent verb that can be actualised through viably having a plan put in place. What this entails, in essence, is that federations just like other institutions of leadership need to have a driving force; which takes the form of strategic plans.

As the journey continues in this new year, the outlined proposition is that of continuing to provide leadership that is inspiring to the followers, the kind that attracts many souls to a serving relationship with their Lord and Saviour Jesus Christ. It is with this background that a certain level of being deliberate o work for the Master [Jesus Christ] is needed. Sometime in 2022, the current Lusaka Conference Youth Director- Pastor Billy Mukombo addressed the council members on the floor of the house. The three major areas of focus as coined by the conference being; Leadership, Mission, and Spiritual Growth. In line with leadership, the district seeks to have more of its members undergo the existing leadership courses that the church is offering at large. It may include Senior Youth Leader or Master Guide course to the federation conducting leadership seminars that are filled with impact, ensuring that the local churches are heard and empowered to ensure that they are able to do their work much more effectively. On the other hand, concerning mission the idea is to have the various clubs conduct their programs with an evangelistic apprehension.

Programs like Voice of Youth not only ensure that there is spiritual growth but that the mission of the church thrives. And the mission is summed up as winning souls for Christ. The federation, in its strategic plan, aims at not merely having camps or

retreats but that these events shall be used to aid fellow human beings that this is a platform to enter into a saving relationship with God. That God is always there to accept anyone, regardless of how much one might feel they are guilty of. That according to the scripture as inscribed in the book of Isaiah 1: 18, we find a classical exposition that God calls on us, regardless of how filthy we may reasonably be...He still sees the best in us. God has not finished working on us. And specifically when it comes to spiritual growth, the programming that has been put in place is such that it will equip the local churches to go out and preach the message with valor and vigor.

All three thematic areas of emphasis that have been given can be attained with the following being out in place; the district envisages to have an enhanced digital ministry through the communication personnel in

that birthed a well-decorated stage. Something worth emulating. The district has a running tournament and other sporting activities which encourage physical fitness and basic well-being. Astonishing as it may sound, the district through its viable leadership has embarked on a deliberate array of activities that foster the youth to be self-reliant economically. The idea is that it is possible for the youth to utilise the six days of the week to work and rest appropriately on the Sabbath. Judged by what we do not what we promise!

There are certain times when the journey of leadership might become very tough and obviously challenging. But it is in such times that one needs to remember that according to the book of Jeremiah 1:5, we discover that actually God already knew us even before we were formed in our mother's wombs. This should mean something, especially when the storms come along



place, and this is to be done at all local churches and district levels. Encourage creativity in the programming, for instance, the youth to also get involved in the physical construction of their churches. Not so long ago, the youth ministry at John Laing Central organised an incredible building promotion at their local church. This event contributed significantly to the construction of a modern wall fence. Similarly, the youth from John Laing Main had an identical activity

the way. In the book of Joshua, we are reminded to be strong and of good courage. Clearly, God is always here to give us strength even as we are in the sit of being leaders. One may never know, but through your leadership, many can find the cross and be able to meet the our savior Jesus Christ. In this year that the Lord has allowed us to be in, let everything be done according to His will and glory.

CHANGE IS INEVITABLE

BUT IT TAKES TIME FOR PEOPLE TO ADJUST

....GET FAMILIAR WITH EDUCATIONAL MATTERS

By Roland Kalangu
Education and Standards Chairperson
Lusaka Conference Adventist Youth Ministries

2022 was a marathon for the Education and Standards Committee which comprised 27 members. The year brought about a number of changes to continue standardising educational matters in line with the Youth Ministries General Conference curriculum.

To begin with, the Master Guide requirement card was revisited and brought about several changes among which include the increase of essential Honors from six to eight, with Literature Evangelism and Stewardship being added. This ultimately increased the minimum required Honors for one to get invested as a Master Guide to 12 among other requirements.

Another gratifying thing worth mentioning in the year 2022 was the number of Youths who were invested as Master Guides, and Senior Youth Leaders. If you asked those that got invested, one

thing that they would all attest to was how strenuous the process of getting invested was. The long journey which was started by writing examinations in March and September, assessments of portfolios in May and October, and private assessments in June and November ended with a big sum harvest of 295 Master Guides and 75 Senior Youth leaders by the end of the year from two Investitures held during the year, June, and December respectively.

The fact that skills are essential in one's life cannot be over-emphasized. More than a thousand Pathfinders flocked to Mwembezi Secondary School in May 2022 and experienced the real world outside their homes when they went through intensive training in various skills of their choice. These skills included Automobile Mechanics, Painting and Decorations, Gardening, Tiling, Brick laying, Plastering, Plumbing, Catering, Domestic House wiring,

Hair Cutting, and Hair Dressing. As long as such skills were to be cultivated in our Pathfinders, and with continued practice and reinforcement, Pathfinders would always have a side hustle and would never be short of finances.

What shall we say then? Yes, lessons in churches should continue going into 2023, yes, Investiture ceremonies in local Churches and Districts should continue; yes, all Educational matters should continue, but all these without Jesus are nothing but vanity. And the same Jesus demands discipline! You read right, yes, discipline.

With a fantastic year like 2022, it is expected that 2023 would continue being on fire, and yes, more fire. But one thing that we youths should not forget is that we are here on earth to 'Win souls for Jesus'. It doesn't matter whether your portfolio goes through or not, just win souls for Jesus as it is called Spiritual Education.



ROLE vs. RESPONSIBILITY

*Ssims Banda
Edu & Skills Chairperson
Kanyama Mission District*

There is a thin line between a Role and a Responsibility. Oftentimes we understand and interpret these two concepts interchangeably; as entirely meaning the same thing.

(Though partly meaning a function) a **Role** is synonymous with an office or a position. **Responsibility** on the other hand is a duty or an obligation. The connection between these two words is that every Role (office/position) comes with a certain Responsibility (duty/obligation). Therefore one cannot seek to occupy a certain role while unwilling to take up the responsibility it comes with.

However, most of us gladly and even greedily occupy certain Roles yet reluctantly bear the Responsibilities attached. At both

the local church and District levels, we desperately desire to occupy particular leadership positions for the sole purpose of recognition, respect, and popularity, yet when we are called to take up the responsibility and duty of those positions, we either found incompetent or uninterested.

Our gaze is so strongly fixated on being in certain positions of power,

office, and influence, that we overlook self-introspection of whether or not we are genuinely willing to work, whether or not we are qualified and competent, and whether or not we are available. It is one thing to be willing to work and another to be qualified for

the work; two things to be willing and qualified, and a third separate thing to be available for the work. What is the benefit and value of being a Master Guide, Senior Youth Leader (SYL), AYM Leader, Ambassador Leader, Pathfinder Director, Adventurer Director, Secretary, Treasurer, Coordinator, Instructor, or even Member, when you cannot do your fair share of contributing to the progress and growth of your group, department, church, district or local conference.

To those of us currently in leadership positions and those yet to occupy, let be your aim to take up the responsibility that comes with your role. Desire to serve, not merely being in a position to serve.

THE SILENT MONSTER

*Owen Haafwa
Jack Main Adventist Church
Kamulanga Mission District*

A story of some youths, a road paved with foolish decisions, and a future as dark as a shadow has ever been. For many youths the place they call home is prison. They never imagined that cigarettes, alcohol, and drugs could harm their lives or be the start of a life filled with addictions. They looked at the other guys and they thought those smoking were cool, and they too they wanted to be cool. In schools, and in the community they were offered drugs and cigarettes and they accepted. One high led to another and still another. They never noticed that within months their energies were centred on chasing drugs and alcohol. Every area of life began to suffer, started running away from home and stealing, when offered drugs and alcohol they never thought about the likely consequences, all they thought was that they had a world under control. Depression, arrests followed, lost friends one by one, and the whole world start collapsing around them but

sometimes they don't notice how far they have gone. Many youths their lives have ended up in misery mostly because they think drugs and alcohol make them cool.

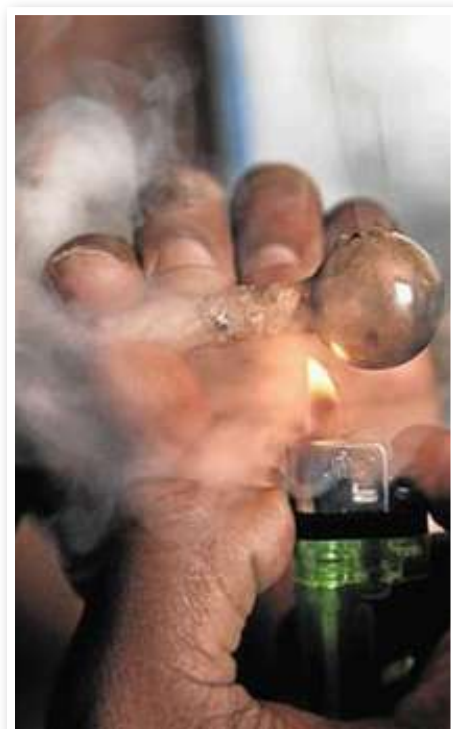
Please listen, even though drugs and alcohol are terrible and the consequences of using them are painful, what comes with them destroys something even more important than the body - your spirit.

You don't just become a drug addict drugs, alcohol, and cigarettes suck the life out of you.

All this and much more can be yours if you decide that being cool is more important than your future. Many youths were not mature enough to make the right decisions all they cared more about was about belonging than the things that matter most God, life, family, relationship with society, and their own future.

Young people dare to say no. More

important dare to think about the consequences of living such a dangerous life.





SUICIDE

IS NOT THE BEST OPTION, LIFE IS PRECIOUS!

*By Br Phiri McLawrence, Pharmacist.
Master Guide and Youth Leader at Ridgway SDA*

The world health organization (WHO) defines Suicide as an act by which one takes their own life intentionally. It is the Greek word "suisidiam" to mean ending life intentionally. This vice is not new as it can be traced as far back as even into bible times when one of the disciples of Jesus Christ, "Judas Iscariot" committed suicide. Matt 27:3-10 Many people who resort to this act often present with characteristics such as; Anger, Depression, Trauma, loss, and failure with life and this becomes one way of trying to end their anguish.

Suicide is a process that builds up by day and at the time it occurs, in most cases, one would have tried by all means best to give an expression of vulnerability and seek help. So it is not a one-day event. This being a process that builds up, there are certain features in an individual which make it evident that a plan is significantly underway.

This should then be a real awakening factor in both the victim and onlookers which should probe for quick intervention. And so beware of the following, how one reacts to anger or loss, when one suddenly withdraws by choosing to be in isolation, constantly locks themselves privately, stops communicating, stops picking calls, making unusual posts on social media of such things as dark places, bloody images, sentiments implying that they are trapped and failing to come out, constantly wishing their life could end, preferring that they could live in a mysterious place and often stating that soon they will die.

These among others should be treated as serious warning signs of suicide. These tendencies may be more common in the old mainly males however lately there have been a sharp turn over and so the opposite is also true. Additionally, they are also predominantly alcohol and drug abusers, chronically ill patients, of loss of esteem, and neglected.

Sad enough 6/10 people that attempt suicide their actual desire to end chronic and unbearable pain and trauma, so anything that can take pain away completely acts as the best resort in this case being suicide.

And the effects are more dreadful to those who remain alive. It is often very difficult and dangerous at the same time to aggressively try to interrupt a suicide attempt on the spot as it may cost more than one life. Therefore, it would be more advisable to call for instant help, and apply professional techniques by specialized individuals

if available and most of all prevention is always the most possible.

Way forward; in case you are going through a hard time remember that life is precious and a rare gift from God and nothing is greater than it, at every point no one should feel alone or lost there is somebody you can always talk to, in fact often times in life confide in somebody, don't regret too much, always remember that no matter how bad things get, it is not the end. When you are desperate or angry that's not the best time to act.

Let's also be available for our beloved ones no matter how busy, let's openly talk about suicide at work, home, church, school, and any public place by strongly rebuking and condemning it. Pro 18:21.



BRIDGING THE INTER-GENERATIONAL GAP BETWEEN THE YOUTH AND THE OLDER GENERATION

Introduction:

As the generational torch is passed from one generation to the next, it is critical to address the stereotypes and assumptions that frequently create barriers between the younger and older generations. It is critical to explore and acknowledge the concerns that each generation has about the other to foster understanding and bridge the gap between these two groups. In this blog post, we will look at youth concerns about the older generation and vice versa, as well as strategies for closing the intergenerational gap.

The Youth Ministries Department of the Chilanga Mission District recently held a Progressive and Skills Camp at Bethel Institute with the theme: **CALLED TO SERVE**. Among the topics discussed at the camp's conclusion were entrepreneurship and improving relationships between youth and their parents or guardians, which is where the idea of this article stems from.

Concerns of Young People About the Older Generation

While the youths respect and admire the older generation, the youth also have these concerns:

Resistance to Change and New Ideas: Some older people are usually hesitant to embrace new ideas, which can affect progress and innovation. Promoting intergenerational dialogue and providing opportunities for learning and growth can assist in bridging the generational divide and fostering understanding.

Generalization and Stereotyping: Some members of the older generation have a tendency to generalize or stereotype the youth, which can cause unnecessary friction and impede understanding. Recognizing people's differences and encouraging empathy can help to dispel these myths.

Communication Barriers and the Generation Gap: Differences in communication styles and preferences can create barriers to effective dialogue between the young and the old. While the older generation prefers in-person communication, youths are okay with

phone calls and text messages. Promoting respectful and patient communication, as well as finding common ground in preferred modes of communication can improve relations.

Limited Understanding of Modern Issues: The older generation may struggle to fully understand the issues confronting today's youth, such as mental health issues, cyberbullying, and the impact of social media. Open conversations and the sharing of experiences can help to bridge this knowledge gap and foster understanding.

Resistance to Cultural and Social Change: Changing attitudes toward gender, sexuality, racial equality, and inclusivity may clash with some members of the older generation's traditional values. Encourage respectful dialogue and promote understanding to help bridge this divide.

CONCERNS OF THE OLDER GENERATION ABOUT YOUTH THAT DISPLEASE THEM

Excessive Screen Time and Digital Addiction: The older generation frequently expresses concern about the amount of time young people spend on screens, which can harm their mental and physical health. Promoting responsible digital habits and encouraging alternative activities can help to alleviate these worries.

Cyberbullying and Online Harassment: The older generation is concerned about incidents of cyberbullying and online harassment among youth. Fostering empathy, teaching digital citizenship, and creating safe online spaces are all critical steps toward addressing this problem.

Substance Abuse and Risky Behavior: When young people engage in substance abuse or risky behaviors, such as underage drinking or unsafe sexual practices, there is cause for concern. Open communication and education about the risks associated with these behaviors can help.

Lack of Physical Activity: A lack of physical activity among young people leads to a variety of health problems, including obesity and mental health disorders. This problem can be mitigated by encouraging

regular exercise and promoting outdoor activities.

Disdain for Civic Engagement and Social Responsibility: Some young people may show a lack of interest or participation in civic engagement and social responsibility, which is concerning to the older generation. This issue can be addressed by educating young people about their role in shaping their communities and instilling a sense of responsibility in them.

Bridging the Intergenerational Gap

It is critical to foster understanding, empathy, and open dialogue between the younger and older generations in order to bridge the intergenerational gap. Encouraging respectful behavior, promoting digital well-being, cultivating financial literacy, instilling the value of perseverance, and facilitating intergenerational communication are all examples of what can be done.

Bridging the intergenerational divide necessitates recognizing and addressing the concerns and behaviors that irritate each generation. There is need to foster healthier relationships and bridge the generation gap by encouraging understanding, empathy, and open dialogue. Embracing both generations' strengths and wisdom will pave the way for a more inclusive and harmonious future for all.

By Charity Moonga



GENERAL NEWS

LUSAKA CONFERENCE YOUTH DIRECTOR PS. BILLY MUKOMBO PRAISES AYM LEADERS FOR THEIR ORGANIZATIONAL SKILLS

*Billy H. Mukombo
Lusaka Conference
Youth Director*



Delegates of the Union Youth Council, All Youth Leaders, and All Members On behalf of The Lusaka Conference Youth Ministries Department and indeed on my own behalf. I would love to thank God for you in our ministry. You're a great blessing to me and the entire cosmos.

Your humble and powerful leadership and organizational skills proved so valuable for the congress and your ministry is uplifting masses through the Blood haunt of heaven Jesus Christ.

The unity and love for a successful youth ministries Congress were contextual and on point and the

feedback is righteously overwhelming from the pastors and youths of our conference

Once again thank you so very much for being a great blessing to me and the church community.



310 PATHFINDERS AND ADVENTURERS INVESTED IN CHILANGA MISSION DISTRICT

By Editorial Committee

CHILANGA Mission District Adventist Youth Ministries had the privilege to have Pastor Webster Silungwe, the Southern Zambia Union Conference Adventist Youth Ministries Youth Director as the guest to grace the Investiture Ceremony for the Pathfinders and Adventurers.

Earlier in the sermon at Chilanga Main Adventist Church, Pastor Silungwe called on the church not to let a Pathfinder Ministry be a ministry of demonstrations but a Club with meaningful contributions to the spiritual growth of the little one adding that Jesus is not happy to see when you try to downplay little children in their desire to work for Him. The SZBU YD urged parents to continue bringing little children to Jesus as this is the central call for the Adventist Youth Ministries.

In the afternoon, Pastor Silungwe charged 150 Pathfinders and 160 Adventurers to be the light of the

world as they put into practice what they learned in various progressive classes.

Chilanga Mission District has been consistent in holding Investiture Ceremonies for the Junior Clubs. In 2018, 291 Pathfinders and Adventurers

were invested whilst in 2020, 117 were invested in various classes.



ESTATES MISSION DISTRICT ADVENTURER AND PATHFINDER HOLD BIG SABBATH FELLOWSHIP

By *Estates Mission AYM Editorial*

ESTATES Mission District Adventurers and Pathfinders held their big Sabbath fellowship on 12th November 2022 at Chikupi Seventh-day Adventist Church as their end-of-year event. The event was attended by 237 Pathfinders, 161 Adventurers, and 66 Counsellors. The purpose of the program was to bring churches together and for them to socialize. They presented in different activities such as Pathfinder history, peer pressure, and media, why belong to adventurer ministries, and many more.

Furthermore, our theme of the day was “This far with God”. The service was graced by our district Chaplain Elder Mayuni Melvin

and the memory text was Proverbs 22:6. The preacher emphasised that a properly trained child will fear God and live a wise and righteous life as an adult and may grow in godly conduct, make a wise choice and learn to be both responsible towards others.

And the District Youth President Bernard Bwalya explained that the Pathfinder and Adventurer clubs are the heart of the church, therefore every parent should

enroll their children in these ministries because it equips them with skills that will enable them to survive here on earth and in the Kingdom to come.



ELDER WESLEY BANDA COUNSELS YOUTHS ON PRE-MARITAL SEX

...HE SAYS “ONLINE SIN” IS ON THE RISE.

By *Editorial*

The month of October is characterized by evangelistic campaigns (crusades). The Conference under the Adventist Youth Ministries department was pleased to note that some Mission Districts conducted crusades towards the end of 2022.

In Makeni Villa Mission District, Master Guide Wesley Banda was one of the speakers leading in sowing a seed of



hope beyond the grave on the fertile grounds of Makeni Villa. Elder Banda, a student Pastor at the Seventh-day Adventist Church-owned Rusungu University had a special message for the young people.

Elder Banda reminded youths that marriage is a sacred institution that ought to be respected adding that those who decide to illegally ‘enter Canaan’ before undergoing special training on patience and self-control are committing sin against their bodies.

The uncompromising veteran youth leader observed that the irresponsible use of social media has to a great extent led to an increase in “online sin”, a situation he described as “very bad”.

To the married youths, he reminded them that love and care must be nurtured by both married people, the wife must give her best as well as the husband.

“If marriage is founded on the rock of ages, Christ Jesus, then the safer we are”, he said.

Quoting Genesis 2:18, “The Lord said, it is not good for the man to be alone, I will make him a helper fit for him”, the man of the Lord said that the devil’s agenda is to assemble his ‘evil cadres’ to despise marriages and in some horrible situations promoting the same-sex marriages whereas some decide to marry robots thereby making a blessing of sex to be cheap.

To the women, Elder Banda called on women to be industrious by adding value to themselves through learning life-sustaining skills stating that women must not eat the bread of idleness but work for it. Further, he urged young women not to always say “imaleta zina yanga” as this tends to be a gateway upon which men take advantage to exploit them.

FROM SALVATION ARMY CHURCH TO SDA CHURCH. A CASE OF THE MOONGA FAMILY

By Gilbert Mubanga



Mrs. Bridget Moonga and Mr. Kingston Moonga, both are from the Salvation Army Church and were among those who were invested as Master Guides on October 1, 2022, at Kamulanga Secondary School Hall.

They are members of John Howard SDA Church. The wife got baptised on 27th March 2021 whilst the husband got baptised on 28th May 2022. Due to their commitment, they enrolled in July, 2022 and

attended Church Heritage/Bible Truth classes.

In view of this development, it can be argued that the Youth Department still remains an important channel through which many souls are brought closer to the Lord. Actually, many well-known youth leaders and even some Pastors joined this church through this department. Let not the issue of 30+ disturb your zeal to work for the Lord. Work for your Saviour!!

469 PATHFINDERS ATTEND PATHFINDER FAIR

By Lizzy Chitondola

Sunday, 24th July, 2022 was a memorable day for Pathfinders in Makeni Villa Mission district, as they attended the District Pathfinder fair in numbers at the magnificent National Heroes Stadium. The fair was attended by 469 Pathfinders from 16 churches.

There were activities such as drills, first aid, knot tying, arts and crafts, and Racing.

The Pathfinders from the 15 churches that took part showcased their talents and skills in the various categories, as one church left early.

The first category was drills and marching in which the Pathfinders presented a marvel to watch. It was followed by

Arts and crafts where Pathfinders showcased their creative abilities.

The other categories were first aid, which ran concurrently with knot tying, then racing and relay.

The fair came to a close with awards and trophies. Individuals were awarded in various categories and churches with big numbers were also awarded.

Three churches managed to scoop trophies. Sunrise was third, reaping Bronze, Bethany was second with Silver and finally, Bethel won first prize Gold.



THE LAUNCH OF THE CLUB MINISTRY TRAINING

...AS GENERAL CONFERENCE YOUTH DIRECTOR URGES YOUTH TO USE SOCIAL MEDIA RESPONSIBLY

By Innocent Siachitoba



The General Conference of the Seventh-day Adventists Youth Director Pastor Busi Khumalo on 3rd July 2022 launched the Club Ministry Training (CMT) and Voice of Youth

(VOY) in Southern Zambia Union Conference (SZBU).

Speaking at the launch, the GC Youth Director said that the Adventist Youth Ministries members who are above 30 years old are still members of the department on condition that they mentor those who are below 30 years old.

He pointed out that the matter relating to the 4 years to 30-year age group was voted on by the General Conference adding that the change of policy direction on the matter started in 2020 when he was not yet voted as GC Youth Director.

The Voice of Youth (VOY) is an evangelistic tool that has been revised to equip young people in the work

of evangelism so that more souls are won to Christ. He noted that in the new curriculum, the Club Ministry Training has not replaced the Master Guide course which remains the highest youth leadership course in the Pathfinder Club.

He, however, said the CMT was replacing the Pathfinder Leadership Award (PLA) and Advanced Pathfinder Leadership Award (APLA) adding that these leadership awards will be phased out gradually.

The General Conference Youth Director urged youth leaders to work closely with the Conference Youth Directors as they implement the newly launched programmes, further calling on them to use social media responsibly.

A SAD STORY OF SIX YOUTHS DROWNING IN LAKE KARIBA

By Editorial

The six youths who drowned in Lake Kariba in Siavonga district on New Year's Day after jumping off a fishing rig were put to rest on 5th January 2022 at the Mutumbi cemetery in Lusaka.

Scores of Lusaka residents joined the SDA members at a packed Mulungushi International Conference Centre Hall to pay their last respects to Goodson Hamaila 22, Ronald Libuku 21, Zebron Shitambo 19, Niza Muchiliba 19, Allan Mwaanga 24, and Rodwell Chileshe 26. The youths were from Kanyama and John Laing Mission Districts respectively.



MUKULAIKWA HOLDS SURVIVAL CAMP

By Blessed Dube Tembo

It was another time of the year in Mukulaikwa Mission District where they held a survival camp from 28-30 October 2022. The objective of the event was to prepare the youths on how to survive with less basic needs such as water, food, and shelter. Among the many activities done were games, hiking, mountain climbing, and many others.

On a sad note, while at the mountain it rained cats and dogs so youths had to shift camp to the nearest church called Mutombe SDA church for a shelter to avoid sicknesses and injuries to the pathfinders who were present. The event was graced by Vice Secretary for Lusaka Conference Adventist Youth Ministries Coster Chimunya.



“THE MAN IN THE MIRROR”

By Micheal Hakalaki

“It is late, we need to get home before darkness sneaks in.” Tawanda’s mom spoke with a hasty tone hoping to send a sense of urgency in her 12-year-old son, who seemed to have his gaze fixed on the street kids who were stopping a passer-by to ask for a coin or more to have something to sleep on.

As if waking him up from an imaginary utopia, she patted the back of the 12-year-old, “What are you looking at?” Concerned with Tawanda’s sudden interest in the street kids, he was only 12, what could he be thinking about?

“Who looks after those kids mum?” Curiosity in the voice of the 12-year-old could not be avoided.

“God does.....” Her answer was lacking something, she herself felt something was missing.

“But we can also help them, mum, can’t we?” so eager to help, he got

coins from his bag and handed them over to his new friends, he soon was filled with a feeling of satisfaction.

“Mum can I partner with God in helping those kids?” innocently he asked. It was at this moment that the mother figured out what was missing. The woman in her mirror had neglected duty.

That day they drove home in the company of undisturbed silence, the mother with stirred emotions and Tawanda feeling impressed with himself because he partnered with God in reaching out to the vulnerable.

Lip service goes as far as the ears, yet action-oriented service goes as far as

the heart. What better way to reach out to that street kid than to reach his heart?

The mother went only as far as having compassion for the kids, but her 12-year-old did what the good Samaritan of Luke 10:30 did, his compassion grew a need in him to help out the kids.

He who feels he has little to help, is likened to a man who buried his talents in Matthew 25:14. It all starts with the man in the mirror. Little is much when GOD is in it



WESTWOOD HOLDS PATHFINDER EDUCATIONAL CAMP

By Daudi Banda

Westwood Mission District Adventist Youth Ministries concludes the year with an exceptional educational camp under the theme “In the world but not of the world”. The event was held from 25th December 2022 to 1st January 2023 at Shamilimo Secondary School.

In attendance were 300-plus pathfinders who opted to sit and learn from the feet of Jesus. The camp was strategically planned to be held during the festival season to mitigate youths’ indulgence in various intoxications such as alcohol drinking, drug abuse and prostitution as these are the most lethal traps that entangle most youths.



Shibuyunji District Commissioner, Alfred Mwendo Shaputu while addressing the youths during the official opening on 27th December 2022, applauded the district executive for having organized an extraordinary camp where youths sit to learn and talk to Jesus when the entire world is wondering about like the lost sheep in the wilderness.

He further urged the pathfinders to keep up with the good faith and spirit for he who desires to enter the kingdom of God should have his heart as that of a child and that the kingdom belongs to the children.



A WHITE LIE WON'T HURT A FLY

By Muhulo Cherry Kazungo

Lying; an act of telling a lie or falsehood Unfortunately, in our day-to-day lives, we choose to tell lies believing our lies have no effect on us and the people around us.

I looked up the reasons why people lie and asked people why they lie and every reason I got, had one thing in common. FEAR.

We lie because we are afraid of the unknown, we are afraid of the consequences of our actions and because fear is capable of holding us in its shackles, lying seems to be the only key that can set us free, when it's the truth that holds the Key's to freedom (John 8:32).

Looking at the unknown through the lens of fear is only short-sighted. Because we are too afraid, we are unable to see the long-term effects of the lies we tell. In our attempt to protect or avoid a consequence, we, in turn, hurt other people, push away good friends, and tarnish our reputation when the truth is brought to light.

It's ok to be afraid of the unknown, but it's not ok to only have a negative picture of the unknown. I believe the reason God repeated the phrase "fear not" 365 times in the Bible is because He knows how thorny the arms of fear can be. So each day he tells us "Fear not".

Let's take a look at 3 verses from the Bible and what they say about lying:

John 8:44 (KJV)

Ye are of your father the devil, and the lusts of your father ye will do. He was a murderer from the beginning, and abode not

in the truth because there is no truth in him. When he speaketh a lie, he speaketh of his own: for he is a liar and the father of it.

Proverbs 12:22 (KJV)

Lying lips are an abomination to the LORD: but they that deal truly are his delight.

Clearly from the above text we see that God hates lying lips and because we identify ourselves as Christians

we ought to "Lie not one to another, seeing that ye have put off the old man with his deeds" (Colossians 3:9). Whether white, blue, pink or grey, God hates sin, it doesn't matter which colour of the rainbow it takes.

We also see from the book of John that the devil is the father & originator of lies. And because he abode not in the truth, it's his desire that we abide not in the truth, that is why, one white lie produces another coloured lie to cover the white coating of the previous lie and with each colour produced a darker colour must be produced to cover up. And that's what the devil wants, to keep us growing in sin.

Inspiration tells us

God would have us learn also how deep His hatred and contempt for all hypocrisy and deception...Lying lips are an abomination to Him... Let truth telling be held with no loose hand or uncertain grasp. Let it become a part of life...God has clearly manifested His abhorrence of this sin, and all who give themselves up to hypocrisy and covetousness may be sure that they are destroying their own souls. {AA 75, 76}

May we endeavour each day to act like God's children shining bright the light of truth.

These six things doth the LORD hate: yea, seven are an abomination unto him: A proud look, a lying tongue, and hands that shed innocent blood, An heart that deviseth wicked imaginations, feet that be swift in running to mischief, A false witness that speaketh lies, and he that soweth discord among brethren.

TAKE TIME TO LISTEN TO YOUR PARTNER

... LISTENING IN THE CONTEXT OF MARRIAGE

By Elder Brian Simpande

On one particular morning, after speaking with my spouse, the phone conversation unexpectedly devolved into a heated debate. I didn't realize how quickly a pleasant conversation could devolve. I listened carefully as she went on talking and then asked myself a question, was it just what I had said and what did I say? Or was it something I didn't do for her, or was it something else? I apologized for anything I could have said or done differently and promised to listen more. Then I realized that a portion of our conversation was a projection of something troubling that my spouse was experiencing from somewhere else.

Good listening should result in mutual satisfaction in the context of marriage. A complete satisfaction even before considering other ingredients that make a marriage complete, even though there is no such thing as a perfect marriage. Communication, whether verbal or nonverbal, is the first thing that occurs during the dating and courting stages. Most couples, however, overlook the significance of listening.

In the Bible, the words listening, and hearing are used interchangeably. Proverbs 19:20 says, "Listen to advice and accept discipline, and you will be counted among the wise." Deuteronomy 6:4, "Hear, O Israel: The LORD our God, the LORD is one". Isaiah 44:1, "But now listen, O Jacob, my servant, Israel, whom I have chosen," and Acts 13:16, says, "Men of Israel, and you who fear God, listen," Paul said, standing up and motioning with his hand".

To listen means 'to yield to advice,' according to Webster's dictionary. One important aspect of listening is not changing the subject but also means being comfortable with difficult issues that are sensitive such as anger, pain, death, confusion, and guilt. Listening is not just what interests you but also what makes you uncomfortable and makes you feel the need to shift difficult conversations to more positive topics. A lack of listening with love



has destroyed many marriages and spiritually hurt children in the home and even among church members.

Marriage breakdowns have far-reaching consequences. A broken marriage caused by an inability to listen to each other with love hurts God, families, the congregation, and many others. People who watch may lose faith in God, and young men and women may despise the institution of marriage. Good communication makes a spouse feel accepted and understood, whereas poor communication leads to misunderstanding, frustration, defeat, and disappointment.

Apart from finances, in-laws, and sex, among other issues, many couples who seek counseling and request prayers cite communication as one of the biggest challenges to happiness in marriage. This is made worse by infidelity and a lack of trust, which can result in violence in circumstances where reconciliation may seem inevitable. A couple can live together for a long time without ever communicating in a home, which is emotionally damaging. Listening is a gift that God has given to man in order for him to enjoy and deepen each other's loving experiences. Even in difficult circumstances, healthy relationships depend on communication that is based on love and understanding.

A home built on love and mutual understanding pleases God and those in our sphere. In a home, the husband should have a vision and guide where he is taking the family, while the wife should share in the vision and advise the husband on it. However, some men may find it difficult to listen to their wives advice, and often it is

when it is too late and the problem has escalated that they come to their senses. Husbands must pay attention to their wives' advice. This also holds true in the opposite situation. Being advised by your spouse is not a sign of weakness or inferiority. A wise woman's advice is a blessing. Proverbs 31:10, "Who can find a virtuous woman? For her worth is far above rubies. The heart of her husband safely trusts in her, so that he will have no lack of gain. She will do him good and not evil all the days of her life."

Listening is especially important when your partner is in pain or grieving. When your partner is hurt, the first person they should think of is you, not a stranger. Some couples who did not confide in their partner because they felt they would not be listened to ended up confiding in others who took advantage of their situation, hurting them even more or leading them into deeper temptations. It is because someone saw an opportunity to ride on, while the other partner was ignorant of serious issues that required them to pay attention to their spouse's need to communicate. To listen is to love. Ellen White comments, "Pure love has special efficacy to do good, and can do nothing but good. It prevents discord and misery and brings the truest happiness." (E.G White, My Life Today, p.179).

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LUSAKA CONFERENCE CELEBRATES 100 YEARS OF EXISTENCE OF SALA MISSION PRIMARY SCHOOL

...As Buffalo Bicycles Zambia donates 100 bicycles valued at K400 000



The Seventh-day Adventist Church has been praised for complementing government efforts in the provision of education in the country.

Speaking when he delivered his keynote address Saturday 29th October 2022 during the centenary anniversary of Sala Mission Primary School in Shibuyunji District, Zambia National Service Deputy Commander Major General Reuben Mwewa, who was the Guest of Honour, noted the church's contribution to the education sector and further called on the Church leadership to modernize the school infrastructure. Sala Mission Primary School was established in 1922 by early Seventh-day Adventist pioneers

and is under the Lusaka Conference of the Adventist Church.

The centenary celebrations held under the theme, "With God All The Way: What God Starts, He Finishes," was attended by over 1,500 people and church leaders from Lusaka, Woodlands, Midlands West Zambia, Midlands East Zambia, and the South Zambia Conferences.

And Major General Mwewa and his wife pledged K25,000 towards the development of the school while Buffalo Bicycles Zambia donated 100 bicycles worth over K400,000 to the school as part of the centenary celebrations.

Handing over the bicycles to Lusaka Conference of the Seventh-day Adventist Church president Pastor Keith Chuumpu, Operations Manager Ceasor Majata said that the company had been working with the government through the Ministry of Education to ease the mobility of pupils in rural areas. He added that the company has distributed over 60,000 bicycles countrywide since 2008.

Pastor Keith Chuumpu expressed happiness at the gesture by Major General Mwewa and Buffalo Bicycles Zambia stating that their contributions will go a long way in modernizing the school as well as helping pupils who are in far-flung areas.

Meanwhile, Elder Ranal Dinda, a teacher at the school commended the church leadership for ensuring that the school is electrified. He however appealed for upgrading of the school up to grade 12 as opposed to the current grades 1 to 9 noting that the school has 16.9 hectares of land for infrastructure development.

Innocent Siachitoba
Lusaka Conference Media



FRUITS FROM LUSAKA CONFERENCE PATHFINDER SKILLS CAMP START SHOWING

By Editorial

The Bible in Proverbs 22:6 calls on God's people to "train up a child in the way he should go: and when he is old, he will not depart from it". The Adventist church places great importance on the development of life-sustaining skills among its members, especially the youths. In May 2022, the Lusaka Conference Adventist Youth Ministries held a Pathfinder Skills Camp at Mwembezi Secondary School in Shibuyunji District under the theme "Skilled for Service".

Among the skills that were taught included tiling, barbing, baking, auto mechanics, farming, bricklaying, and painting, among others.

One of the Pathfinders by the name of Florence Chimbipa of Kanyama Central Adventist Church under Kanyama Mission District has continued to put into practice what she learned at the Skills Camp which was described as fantastic and progressive by the Guest of Honour, Hon. Elisa Mubanga, Minister of Small Scale and Medium Enterprises Development.

Grandmother to a 14-year-old Florence thanked the Lusaka Conference Adventist Youth Ministries for the life skill imparted in the Pathfinder stating that instead of

hiring a painter to paint their house, their daughter has done the painting.



PATHFINDER SKILLS CAMP BEARING FRUITS

... As 13-year-old Pathfinder utilizes agriculture skills to start a garden

A 13-year-old Vernon Chongwe of Landmarks Seventh-day Adventist Church under Ridgeway Mission District was among the Pathfinders that attended the 2022 Pathfinder Skills Camp for Lusaka Conference which was held under the theme 'skilled for service'.

After being encouraged to attend the Pathfinder Skills Camp by his mother, he is one of the Pathfinders who utilised the skills training Camp to the fullest.

During the Skills Camp, Vernon decided to take Agriculture seriously and he came out as the best student. For Vernon, there is no singular moment he can point to when he knew he wanted to be a farmer.

"I feel like it's been something I've been drawn to naturally for one reason or another. My mom always had a big garden in the village and was super into gardening, and so maybe some

of that inspired me. I also love food and I love feeding people and I get a lot of joy from seeing the fruits of my labor. To look at something and be like 'I grew this!', it's such a powerful thing", he said

Vernon's mother, Melody Sikeezi was grateful to Lusaka Conference Youth Department for the initiative. She said she was happy that her firstborn son had developed an interest in agriculture.

"I want the best for my son. I just have to look for a farm so that my son can achieve his dreams. After the Camp, my son's life has completely changed including his behavior."

Ms. Sikeezi encouraged other parents to be sending their children whenever there are such programmes because they are very helpful to the children.

By Mwangala M'zumara





KANYAMA MISSION DISTRICT SENIOR YOUTH MUSIC FELLOWSHIP

By Mazuba Miyoba

On 10th September 2022 was a bright day as over 1000 young adults from Kanyama Mission District attended first ever music interdenominational fellowship at Chinika secondary hall with a theme of “Love of God”

The event was graced by the former Youth Director for the Lusaka Conference Pastor Mwendabai Mwendabai who called on youths to sing to the glory of the Lord’s name.

The district youth leadership invited different choirs from other denominations which included among others the Salvation Army Choir (song stars). The Salvation Army Group Leader was Happy to be considered for such a wonderful program and he emphasised the need for fellowship in such a manner since we are one community.

KEEP A SONG IN MY HEART

By Muhulo Cherry Kazungo



Ellen White says;

Music, when not abused, is a great blessing; but when put to the wrong use, it is a terrible curse. AH 407.4

Music, it can be medicine to the mind and it can be poison to the mind. You have probably noticed that listening to your favorite song puts you in a good mood. You have probably also noticed that listening to Adele’s “Someone like you”, doesn’t unbreak your heart when you are going through a heartbreak. Neither does listening to Mariah Carey’s “Bye-bye” lessen the pain of losing a loved one. These are some of the ways in which music can impact our emotions and our current mood.

Certain songs, Certain lyrics, Certain genres of music are more likely to intensify depression and anxiety. While certain songs, Certain lyrics,

and Certain genres can promote emotional health, help one cope with stress, and just improve one’s mental

health. So, YES! It matters what you are listening to.

Roy Charles said, “music is powerful, as people listen to it, they can be affected. They respond “. It is unlikely that when one is feeling depressed, they will listen to music that is uplifting, or when they are experiencing anxiety that they will choose shooting and relaxing music.

In a similar manner, it is unlikely one will choose a depressing song on their wedding day. Because what we listen to, will almost always be in line with where we are emotionally, music we can relate to and possibly bring us down harder. Yet again showing us that our music choices are paramount to good mental health.

The Power of Music

The history of the songs of the Bible is full of suggestions as to the uses and benefits of music and song..., rightly employed, it is a precious gift of God, designed to uplift the thoughts to high and noble themes, to inspire and elevate the soul...CG 523.1

Music in itself is life, but when bad choices are made, life becomes a living hell.

How about you always keep a song in your heart, a song you are sure will get you through the troubles of life?



PHOTO FOCUS





SUMMARY OF 2022 LC AYM ACTIVITIES

3900 ADVENTURERS COMMEMORATE THE GLOBAL ADVENTURER DAY



THE LUSAKA CONFERENCE YOUTH MINISTRIES DEPARTMENT successfully commemorated the Global Adventurer Day on 21st May 2022 under the theme “LITTLE LIGHTS” and the theme song hymn number 7 LOCAL (When He Cometh) was used. A total of 3, 934 adventurers participated in the 2022’s year’s celebration; 27 new adventurers were enrolled into the club and 15 people gave themselves for baptism during the Global Adventurer Day.

57 adventurers from Ridgway Mission District were yet to be awarded various awards. However, 82 adventurers from Sala, Makeni, and Westwood Mission Districts were invested in new classes. During the Global Adventurer Day, more than 141 adventurers were awarded various honors.

370 INVESTED AS MASTER GUIDES AND SENIOR YOUTH LEADERS

By Editorial Committee

The Lusaka Conference Youth Ministries Department successfully invested 104 Master Guides on 18th June 2022 at Makeni Green Seventh-day Adventist Church. Five months later on 3rd December 2022, the department held its second investiture ceremony which saw 191 Master Guides as well as 75 being invested where 295 candidates were invested as Master Guides in 2022 and 75 as Senior Youth Leaders in the same year.

The guest speaker during the June Investiture Ceremony was Pastor Kenfield Sindolo, the District Pastor for Kamwala Mission District. He called on youths to keep their faith and remember God’s faithfulness in the past, and look to the future.

The guest of honour at both ceremonies (June and December) was Mrs Rosa Kayuni Zulu, the Lusaka District Commissioner. She encouraged the youths to participate in what is happening in the country like forming cooperatives. At the same event, she adopted the Kamwala youths’ cooperative and encouraged the other youths from different

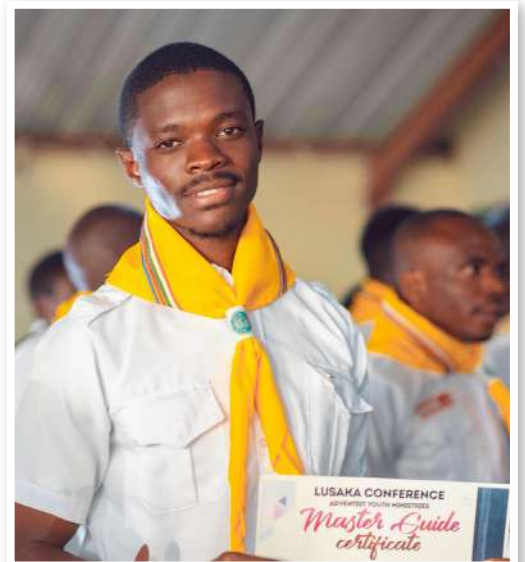
churches to also form cooperatives and take advantage of the increased Constituency Development Fund (CDF) by the Government of the Republic of Zambia. The Lusaka District Commissioner also encouraged the Dorcas workers to create orphanages and homes for the aged people.

At the investiture ceremony at Kamulanga Secondary School Hall, she donated soya beans seeds, and fertilizer for the farming project of the Lusaka Conference Adventist Youth Ministries department, while Mr Morgan Muunda donated K5,000 for the Youth Project and another K10,000 for the Lusaka Conference Skills Centre. The guest of honour urged the newly invested to be faithful to God and make a positive impact in the youth department and the local church. She further urged youths to use social media responsibly by “creating business linkages that will help them succeed in life”.

Lusaka Conference Youth Director, Pastor Billy Mukombo,

congratulated the invested MGs and SYLs and encouraged them to be representatives of God’s family in the community.

A Master Guide is a trained leader who works with junior youths in the Adventurer and Pathfinder Clubs whilst a Senior Youth Leader is a trained leader who works with Ambassadors and Young Adults.



OVER 2000 ATTEND LUSAKA CONFERENCE PATHFINDER SKILLS CAMP

... Pathfinders impress Minister of Small and Medium Enterprises



The department successfully held a Pathfinder Skills Camp at Mwembezi Secondary School in Shibuyunji District from 1st to 7th May 2022 which was attended by 1,940 registered campers.

On 6th May 2022 was a busy day as campers were visited by the Minister of Small and Medium Enterprises, Hon. Elias Mubanga. He toured the classes that included among others, plumbing, domestic house wiring, baking, barbing, bricklaying, tiling, farming, hair plaiting, painting, and mechanics.

The Minister was impressed by the presentations made by the Pathfinders whilst touring the learning points.

The words that came from him were, simply "Wow! wow!, this is excellent".

The Minister was impressed with the level of organization and quality of the skills that were offered at the camp by the Conference youth leadership.

"I was left speechless when I went through and heard what the Pathfinders were able to explain, more especially the little girl (Ndibali) that spoke of baking using traditional ovens." He joyfully said.

He also told the youths how the Government wants the youths to learn skills stating that "In doing so, my Ministry has partnered with the Ministry of Education in training children life skills."

The Minister called on the children to keep up with the skills as it was a business with the potential to make

them great businessmen and women adding that in so doing they will find the way to a better future that will shape their destiny and make Zambia great.

He has assured the church of the government's commitment to having such training, further urging other churches to emulate what the Lusaka Conference is doing in training the young people.

Meanwhile, Pastor Prince Ng'andu, the Guest Speaker and also the Executive Secretary for South Zambia Conference thanked the Minister for coming to the Skills Camp.

"We are happy that you made time for the youths and came to visit us in camp."

And speaking on behalf of Pathfinders, Matinah Namusokwe, an 11-year-old called on the government to see to it that the Skills Training Institute is built in Shibuyunji where the government through the District Commissioner's office Mr. Alfred Shaputu pledged the youth department land to build the skills centre.

The Minister inspected a guard of honor mounted by Pathfinders.

*By Mwangala M'zumara,
Innocent Siachitoba and Lubinda
Kashewe*

OVER 500 SOULS BAPTISED ON GLOBAL YOUTH DAY AND YOUTH WEEK OF PRAYER

By Editorial Committee

On 19th March, 2022 thousands of youths across the Conference participated in the 2022 Global Youth Day whose theme was "Loving the

Forgotten". Among the activities that characterized the event included: community service for the needy, distribution of missionary book of the year and about 9,000 copies were distributed on this day. The GYD was

followed by the Youth Week of Prayer that concluded with a Home Coming Sabbath Celebrations whose theme was: Present Truth, God's message for Today. Over 500 souls were baptized after the week of prayer meetings.

STEWARDSHIP ENTREPRENEURSHIP SEMINAR

The stewardship entrepreneurship seminar was conducted with the objective of Youth empowerment at Ndozo Lodge on 25th June 2022 and saw a participation of over 175 youths.

MORE THAN 5000 PATHFINDERS PARTICIPATE ON GLOBAL PATHFINDER WEEK OF PRAYER

By Editorial Committee

The Local churches under Lusaka Conference Adventist Youth Ministries Department successfully participated in and conducted the pathfinder week of prayer from 11th to 17th September 2022. The Department commemorated the Global Pathfinder Day on 17th September 2022 under the theme “CHANGE THE WORLD” and the theme song number was 137 in the local hymn book (Take the World, But Give Me Jesus). More than 5000 pathfinders

participated in the commemoration of the 72nd of the club's existence. At the end of the week of prayer, a total of 36 people gave themselves for baptism. During the same period, 134 pathfinders from John Laing, Nalubanda and Estates Mission Districts were invested in various progressive classes.



LUSAKA CONFERENCE LAUNCHES THE PUBLIC CAMPUS MINISTRIES



By Editorial Committee

The General Conference realigned the Public Campus Ministries (PCM) from the Chaplaincy Department to the Youth Ministries Department. Following this development, Lusaka Conference did adopt the same and have since incorporated PCM under Youth Ministries Department.

The PCM of Lusaka Conference aim at establishing PCM branches in every public institution of higher learning. The following are its functions and objectives:

- To strengthen the faith commitment of students to Seventh-day Adventist beliefs and mission,
- To prepare students to deal with the intellectual challenges those arise in a secular environment,

- To develop the leadership abilities of students,
- To provide students with opportunities for Christian fellowship, and
- To train students for outreach, service, and witness on the campus, in the community, and in the world at large.

Lusaka Conference is blessed to have higher institutions of learning within our territory and the following are the campuses: City University, Apex University, Zambia Institute of Special Education (Zamise), Chreso University, ZCAS University, UNZA-Ridgeway Campus, Evelyn Hone College, Makeni College Of Nursing,

NIPA. Harvest University and Phoenix Research Institute Campus.

Following the launch, PCM Big Sabbath was conducted on 5th March 2022 where 9 campuses attended of which 512 students were present. The facilitators were Pastors Felix Kakwisa , Davies Kayaya, Baldwin Mulenga and Elder Milner Makuni and Elder Steven Kalindi. Other activities done in 2022 were music fellowship at Lusaka Central

Church on 29th May 2022 as well as PCM elections where a new team of leaders was elected at the PCM council held on 18th September 2022.

RESOLUTIONS OF SID YOUTH LEADERSHIP CONVENTION

By Nomagugu Temah Mbewe

The Southern Africa Indian Ocean held an online Youth Leadership Convention from 8th to 10th April 2022. 78 Youths from Lusaka Conference participated in the Southern Africa Indian Ocean online Youth Leadership Convention which was held from 8th to 10th April 2022. The following were the resolutions from the online convention:

1. The five ministries of AYM in every local church are Adventurer, Pathfinder, Ambassador, Young Adults and Public Campus Ministries. Each one of these ministries reports to the Church board and should have a committee of its own. However, there is a sixth committee that draws all the first five committees which, is chaired by the Young Adults Leader (Adventist Youth Ministries Leader, according to the current Church Manual, to be revisited to indicate Young Adults Ministries Leader).
2. Every Youth Leader and staff member has been called upon to be a beautiful leader to have a successful ministry. This beauty is not the one related to physical endowments, but that beauty which comes through praying together, caring together, and sharing. Additionally, like Peter who reached out and held the hand of a beggar, like Jesus who condemned sin but not the sinner, we need to BE THE SERMON by putting our love for mankind in action.
3. Every level of the organization has been implored to appoint leaders with integrity, honesty, transparency, and strong moral principles with Adventist values. Leaders need to be consistent

in action, values and doing the right things regardless of the circumstances. A leader with integrity develops leaders with integrity. In leadership, the character is more important than strategy. A leader must live a Christ-centered life.

4. The use of the AY Uniform by any member, club, church or entity should be in line with the SID Uniform booklet which covers all guidelines and standards for the use thereof. Any type of AY Uniform can only be used for church or club functions. On the matter of those who may want to use uniforms for their wedding ceremonies, they would need to seek the consent and approval of the church for permission to do so.
5. Servant leadership as Jesus led must be our leadership style in the youth ministries. Servant leadership is the leadership

of humility and service that promotes team spirit. Leadership is not a position or rank but service and ministry. A servant leader is a coach or a mentor who inspires his or her team. Fairness and love for the youth should be the bedrock of our leadership.

6. The Voice of Youth (VOY) initiative should be embraced and utilized by every entity and the local church in the Southern Africa Indian Ocean Division. Voice of Youth is the witnessing program to proclaim the Three Angels' Messages through small groups/teams. It is designed to motivate and help young people to proclaim the Three Angels' Messages in their local communities using relevant means and to provide them with the opportunities and resources needed to effectively make disciples for Jesus.



7. The directive is hereby given that there should be cohesion and respect of protocols by both lower and higher organizations to maintain harmony in all our operations as Adventist Youth Ministries. The programs that are voted for and enshrined in the calendar of special days and events should be observed and promoted accordingly.
8. Give Him 20 is a GC Youth Department initiative calling for youth and youth leaders around the world to meet in small groups at least once a month for twenty minutes and pray for God's vision and provision found in Acts 1:8 to become a reality!
9. Global Youth Day is to be embraced by every local church as a lifestyle of demonstrating the love of its members to people in need through various community services of kindness and compassion. It should not just be a one-day activity but a process, which should be well planned for and wherever possible, done as ongoing projects run by Adventist Youth. This year's GYD had a focus on Loving the Forgotten while the 2023 one (which starts right now in terms of preparation) will be dubbed "Love is a Verb." The emphasis for this one is on the Teachers and students on the Public Campuses.
10. There's a serious call for all invested Master Guides to take up their designated role and duty which is to nurture the Pathfinders and Adventurers for their development and spiritual growth while the Senior Youth Leaders (SYL) are implored to lead the Ambassadors and Young Adults adequately because that is what they are trained for.
11. The Master Guides must be committed to continuous learning and improvements. Master Guides should lead with humility. No candidate can complete the program in less than one year. Affirmed that the youths in the SID must follow the new Master Guide curriculum Version 0.3 (2015).
12. Leaders need to be empathetic with the youth, bearing in mind that the Youth Department is a balm of consolation, restoration, refuge, hope and salvation. Adventist Youth ministries leaders need to be gentle to the youth like David pleaded with his army generals to be gentle with Absalom.
13. Total Youth Involvement and assessment: There is a great need to intensify the implementation of key SID youth evangelism initiatives such as Community Pathfinder Clubs (CPC) and Voice of Youth (VOY), and to gather statistical data to assess progress and success. The Pathfinder club is well-placed and ready to reach as many young people as possible, who may otherwise not be reached through conventional evangelism strategies
14. The GC and SID are resource centers for all Youth Ministries departments and stakeholders. There are deliberate manuals, policies, and guidelines that can easily be accessed by all stakeholders. To this end, all conferences and churches should operate according to the provided manuals, guidelines and policies, and implement the New GC and SID programs. Wherever there is any change of programs or initiatives let there be a smooth transition from the old to the new policies and curricula.
15. There is an urgent need to advocate for the recognition of every person's God-given dignity which deserves respect and the kind of assistance that helps them make possible the discovery of unrealized abilities despite stigmas associated with differentlyabled persons. We need to encourage the transforming lens of possibilities of what individuals can do and what they can become because of God's grace and grounded in the belief that the gospel transforms the way we see ourselves, others and God. Measures must be put in place to prioritize youths with special needs in all AYM meetings and programs.
16. Our main emphasis of AYM is to make the local church the primary target of Global Youth Ministry and our core function is to resource and build up youth ministry in the local church because that is the ground level for growth and development.
17. The new Master Guide requirement card and its qualifications are developed from the holistic growth model as traced in Jesus' lifeline recorded in Luke 2:52 which states: "And Jesus grew in wisdom and stature, and in favor with God and man." Therefore, the components are Leadership identity and growth [Wisdom]; Lifestyle development [Stature]; Spiritual growth [Favor with God]; and Community Development [Favor with a man].
18. The Club Ministry Training CMT certifications are replacing the Pathfinder Leadership Award (PLA) and Advanced Pathfinder Leadership Award (APLA)/ Pathfinder Instructor Award (PIA).
19. CMT Certifications are earned by attending workshops, working with a mentor, doing fieldwork, and preparing a documentation Portfolio.
20. Receiving a CMT pin is not considered investiture, but rather a certificate award. The highest investiture in Club Ministries continues to be Master Guide.
21. CMT certifications are connected to a club role or position, meaning that there is no point to achieve them all unless you are the only leader in a club. CMT certifications are intended for all members of a team.
22. . Every local church needs to strengthen the Ambassador ministry to curb the high attrition rate that exists among the youth of this age group. Sadly, 41% of the members who leave the church are in this category. The four essential elements and the seven modules should occupy the vulnerable space of the Ambassador ministry in all local churches.

SHIBUYUNJI DISTRICT YOUTH PURCHASE BRASS BAND INSTRUMENTS

By Makulusha Shayumbu Monica

It's the moments together that change us forever, and together we make one big happy family. Well, 2022 was a motley year for Shibuyunji District Youth Department. We had our fair share of rock bottom but because of the family we are, we have conquered odds and we continue to strive. Shibuyunji district is one family that loves to bond over music, one of our striking achievements in 2022 was that we were able to purchase 14 brass instruments with such huge contribution from our dedicated Member of Parliament, Hon Jamba Machila, and other contributions

from our esteemed elders. We need more other instruments to have a full brass band. What joyful noise, it is such a cheerful experience, a whole new skill added to our youth department. Although we are a flabby district every year we challenge ourselves to realize goals and this year was no exception! We achieved the majority of our yearly goals such as community work, evangelism outreach, and attended some events organized by the Conference like the Mwembezi Pathfinder Skills camp and Silver award. We ended our year with such a bang! In the Samuel project, young leaders showcased their talents and ability to lead. With such a vibrant youth, the future is all set.

We invite you to Shibuyunji, come and witness our growth. We wish you a prosperous 2023. May God bless us all, Amen.



SN	Couple	Districts	Date
1	Martin Zulu and Astridah Kapemda	Chilenje/Estates	27th March, 2022
2	Emmanuel Chibesa and Rosemary Tom	Makeni Villa	10th April, 2022
3	Kaluwe Chilwana and Spiwe Banda	Kamwala	5th June, 2022
4	Habanji Hakatalia and Abigail Muyabe	Makeni Villa	24th April, 2022
5	Jimmy Mvula and Twaambo Muntanga	Makeni Villa/Northmead	11th September, 2022
6	Micheal Hachintu and Akakulubelwa Nyambe	Estates	9th October, 2022
7	Obrian Hatimbula and Paulina Nyambe	Estates	29th May, 2022
8	Brian Sitali and Istinah Chiwego Chisasa	Makeni Villa	4th December, 2022
9	Micheal Njamba and Annie Muyanga	Chilanga	4th December, 2022
10	Patric Patulani Zimba and Mercy Simweemba	Kanyama	18th December, 2022
11	Enerst Chimuka Mugande and Choolwe Mwiinga	Kanyama	25th December, 2022

FUNERALS

INVOLVING LC AYM MEMBERS

SN	Name	District	Date of Death
1	Br Goodson Hamaila	Kanyama	1st January, 2022
2	Br Rodwell Chileshe	Kanyama	1st January, 2022
3	Br Ronald Libuku	Kanyama	1st January, 2022
4	Br Zebron Shitambo	John Laing	1st January, 2022
5	Br Niza Muchiliba	John Laing	1st January, 2022
6	Br Allan Mwaanga	John Laing	
7	Br Cain Mukulo	Kanyama	
8	Br Gift Choomela	Nangoma	
9	Br Danbar	Nangoma	
10	Br Sepiso Mukela	Makeni	
11	Br Shaderick Nyimba	Kamulanga	
12	Elder Brian Chisanga	John Laing	6th April, 2022
13	Sr Mirriam Ngambi	Kamulanga	
14	Br Daniel Munsaka	Lutale	24th April, 2022
15	Sr Lister Mbowea	Nangoma	
16	Br Morgan Shabula	Westwood	21st May, 2022
17	Br William Muyoma	Chilanga	6th June, 2022
18	Sr Memory Chikakula	Makeni Villa	15th June, 2022
19	Sr Mary Banda	Shorthorn	10th June, 2022
20	Br Owen Choonya	Kabwata	15th June, 2022
21	Sr Angela Namusonde	Kanyama	3rd July, 2022
22	Br Edify Sichipamba	Makeni Villa	5th July, 2022
23	Br Wisper Hamoonga	Nangoma	19th July, 2022
24	Br Brian Fewdays Kapungwe	Kamulanga	25th July, 2022
25	Sr Oreen Kaseba	Esatates	5th August, 2022
26	Br Godfrey Moyo	Kanyama	10th August, 2022
27	Sr Joyce Namfukwe	Kamulanga	19th August, 2022
28	Sr Inutu Lubinda	Chawama	24th August, 2022
29	Br Canaan Chitanga	Kamulanga	9th October, 2022
30	Br Milimo Miyoba	Kamwala	29th October, 2022
31	Br Moses Chikonde	John Laing	5th November, 2022
32	Sr Faith Kalimbwe	Kanyama	25th December, 2022